ARC served 137,386 older people in metro Atlanta in state fiscal year 2019, but the demand remains great — and growing. 3,896 people waited for publicly-funded services at some point in the 2019 fiscal year, unable to access services when they needed them.

As the designated Area Agency on Aging under the federal Older Americans Act for the 10-county Atlanta region, ARC’s Aging & Independence Services Group advocates for these services at the federal, state, and local levels.

You can make a difference, too.

Learn more about the crucial issues impacting older people, people with disabilities, and their care partners at atlantaregional.org/aging. There, you’ll also find policy briefings to help you make sense of these issues and take action.

You can also call or visit empowerline at (404) 463-3333 or empowerline.org for more information and to find free, helpful resources and 24/7 help on a range of issues from transportation, to housing, to resources to help care for someone you love.

What’s Next?

We fund services provided by:

- Cherokee County Senior Services,
- Clayton County Senior Services,
- Cobb County Senior Services,
- DeKalb County Office of Aging,
- Douglas County Senior Services,
- Fayette Senior Services,
- Fulton County Department of Senior Services,
- Gwinnett County Senior Services,
- Henry County Senior Services,
- Rockdale County Senior Services,
- Atlanta Legal Aid Society,
- Center for Pan-Asian Community Services,
- Innovative Solutions for Disadvantage and Disability,
- and Visiting Nurse Health System

Atlanta Regional Commission
Aging & Independence Services
Annual Report 2019
Providing Support to Care Partners

More and more of us find ourselves in the role of caring for others. It can be rewarding, but also stressful. ARC helps fund programs that relieve some of that burden.

“The counselors actually consult with me and empower me to make decisions. One day to the next, you never know what dementia will do, but they are always supportive, and that’s the way it should be.”

- Joyce Lee, care partner to her mother & client of care services

Maximizing Health & Independence

ARC supports healthy living and aging by offering a range of services for older persons and people living with disabilities, so that they can remain in their homes and communities and thrive, even as their needs change.

Managing Care
ARC helps people navigate the complexity of their health and daily living needs through collaborative programs that help coordinate care.

Delivering Meals
For people who cannot leave their homes, food and companionship delivered at no cost is invaluable.

Wellness Programs
From managing chronic conditions to preventing a dangerous fall, these programs help older adults and people caring for them.

Legal Assistance
Older adults are at particular risk of financial exploitation. Legal assistance helps to protect their independence and security.

Staying Active & Engaged

ARC’s Aging & Independence Services Group is committed to providing new ways for older people to stay involved, give back, and meet new people.

ARC funding helped keep people nourished and engaged by providing 280,664 meals and 30,214 recreational activities at 38 senior centers.

Volunteers with metro Atlanta’s RSVP program provide free educational presentations, community events, and counseling for their fellow older adults—all geared to help them remain healthy, active, and independent.

“…the counselors actually consult with me and empower me to make decisions. One day to the next, you never know what dementia will do, but they are always supportive, and that’s the way it should be.”

- Joyce Lee, care partner to her mother & client of care services

“I really like doing volunteer work because I get to go a lot of places, meet a lot of people, and speak from my own personal experience. It’s truly rewarding.”

- Rory Burke, RSVP Volunteer, 6 years

Legal Assistance
Older adults are at particular risk of financial exploitation. Legal assistance helps to protect their independence and security.

“…”

- Rory Burke, RSVP Volunteer, 6 years

Delivering Meals
For people who cannot leave their homes, food and companionship delivered at no cost is invaluable.

SPOTLIGHT ON Behavioral Health & Housing

For many people, affordable housing provided with government subsidies is a lifeline, but those with behavioral health issues face challenges that can lead to homelessness. To address this, ARC and local housing providers have embarked on a groundbreaking partnership that aims to break this cycle — by providing services to those who need it most through a “whole person” approach that encourages trust and positive outcomes. The result? People age in place healthfully, and communities are more stable.

“…”

- Angela White, ARC Behavioral Health Coach

99% of participants maintained their housing

75% of participants had not been engaged previously or adequately in mental health treatment

$1,000 to $4,900 annual savings to housing providers per client by avoiding eviction